

# Rochester Gastroenterology Associates

20 Hagen Drive, Suite 330 Rochester, N.Y. 14625

(P) (585)267-4040 (F) (585) 267-4044

## PillCam Capsule Endoscopy

### General Patient Information:

Your physician has determined that as part of your medical evaluation, you should undergo a procedure known as a Capsule Endoscopy. This procedure involves ingesting a small Given Imaging M2A Capsule, which will pass naturally through your digestive system while taking pictures of your small intestine. The images are transmitted to a recorder that you will wear on a strap across your body, along with a belt. The capsule is disposable and will be excreted naturally in a bowel movement. Capsule Endoscopy is contraindicated in patients with bowel obstruction, bowel stricture, swallowing disorder, and pregnancy. If you have a pacemaker or defibrillator, you will need clearance from your cardiologist before proceeding.

***PLEASE BE AWARE YOU WILL BE COMING TO OUR OFFICE IN THE MORNING & AFTERNOON ON THE DAY OF YOUR APPOINTMENT***

### **Patient Instructions:**

- **STOP ANY IRON MEDICATION, CARAFATE, OR SUPPLEMENTS CONTAINING IRON one (1) week** prior to procedure.
- **STOP ASACOL, PENTASA, APRISO, OR LIALDA five (5) days** prior to procedure.
- **STOP ANY ANTACIDS** (Mylanta, Maalox, Tums) for **48 hours** prior to procedure.
- **DO NOT** have an MRI until the capsule has been excreted.

### **DAY BEFORE PROCEDURE:**

- Eat a regular breakfast and lunch.
- After lunch start a **CLEAR LIQUID DIET**. (Clear liquids include water, soda, apple juice, chicken or beef broth, coffee, tea, Jell-O, and popsicles. **NO RED, BLUE, or PURPLE DYES. NO COFFEE CREAMERS.**)
- At **4:00PM** take **10OZ. CITRATE OF MAGNESIA (NO CHERRY)**. This is available over the counter at your pharmacy in the laxative section. You may mix this with a clear liquid or drink naturally.
- Continue with a clear liquid diet throughout the evening, until **MIDNIGHT (12:00am)**.

**DAY OF PROCEDURE: Appointment Date** \_\_\_\_\_ **Report Time:** \_\_\_\_\_ **Return Time:** \_\_\_\_\_

- **DO NOT** take any medications two (2) hours prior to your procedure.
- Please bring with you the signed consent form.
- You will be fitted with the sensor belt and strap, then given the PillCam for swallowing.
- Before leaving, you will be instructed when you may resume food and liquids.
- At the end of the day, you will need to report back to our office and return the belts with the recorder.

**IF YOU HAVE ANY QUESTIONS OR DEVELOP UNEXPLAINED NAUSEA, VOMITTING, ABDOMINAL PAIN, PLEASE CALL RGA AT 585-267-4040.**

**Clear Liquids** \_\_\_\_\_

**Light Lunch** \_\_\_\_\_