

# Rochester Gastroenterology Associates, LLP

Prasad Penmetsa, M.D., M.R.C.P.

Surinder Deygun, M.D.

Ari Chodos, M.D.

Marvin Singh, M.D.

Muddusir Ayaz, M.D.

Amy Hayes, F.N.P.-C.

Sarah Pratt, F.N.P.-C.

Michelle Addison, F.N.P.-C.

[www.rochestergastro.com](http://www.rochestergastro.com)

## INSTRUCTIONS FOR GASTROSCOPY

Name \_\_\_\_\_ Procedure \_\_\_\_\_

**YOU HAVE BEEN SCHEDULED FOR THE ABOVE EXAMINATION BY DR. \_\_\_\_\_  
PLEASE REPORT TO:**

**Unity Hospital Endoscopy Center**

1555 Long Pond Road  
Rochester, NY 14626  
Tel: (585) 723-7119

**Rochester Gastro. Assoc.**

20 Hagen Dr., Suite 330  
Rochester, NY 14625  
Tel: (585) 267-4040

**REPORT DATE/TIME:**

### PLEASE REVIEW ALL INSTRUCTIONS UPON RECEIPT

Patients who receive sedation for their procedure must have an adult transport them home. **Ubers, taxis, or any other NON-medical vehicles are NOT ACCEPTABLE** unless you have a family member or responsible adult accompany you. It is required a responsible adult stay with you since sedation effects can last well into the evening.

If you are unable to keep your scheduled appointment, cancellation is appreciated **48 hours** in advance by calling **(585)267-4040** or **(585)227-1080** between **8:30 a.m.** and **4:30 p.m.** If you fail to notify us you may be charged. Please call these numbers if you have any further questions.

If you are taking *any* kind of blood-thinning medications, such as **COUMADIN, PLAVIX, ELIQUIS, or XARELTO**, please inform our office at (585)267-4040 or (585)227-1080 **IMMEDIATELY**. *These medications MAY need to be stopped AS DIRECTED BY YOUR MEDICAL PROVIDER.*

1. If you take semaglutide, dulaglutide (Ozempic, Trulicity, & Wegovy), *or any other GLP-1 medications* **stop** taking it either **1 week prior** to your procedure if it's a once weekly dose **or 1 day prior** if it's a daily dose.
2. There is **NOTHING** to eat or drink after midnight the night before your procedure. If your procedure is *after 12:00pm* or later clear liquids may be consumed up to 4 hours before your scheduled procedure.
3. All medications can be taken on the day of the procedure with a minimal amount of water early in the a.m. Please check with us prior to taking any **INSULIN** or any other diabetic medication on the morning of the examination.
4. ADDITIONAL INSTRUCTIONS \_\_\_\_\_

---

*Thank you for the opportunity to accommodate your healthcare needs.*

(06/24)